

# EDUCATIONAL WORKSHOP

ONLINE

Windsor Essex Community Health Centre  
Centre de santé communautaire de Windsor Essex

**weCHC**  
Healthcare for You  
Des soins de santé pour vous

The weCHC's Chronic Disease Self-Management Program Presents...

## The Monarch System Inc.: Introduction to Motivational Interviewing Level I Workshop for Health Professionals



Dr. Jennifer Irwin & Dr. Don Morrow  
www.monarchsystem.com



Access using any computer,  
tablet or smartphone!

### Workshop Objectives

- ◆ Incorporate a repertoire of motivational skills into your professional toolbox
- ◆ Learn to build motivation and commitment with your clients
- ◆ Reduce professional burnout by learning to incorporate motivational interviewing skills into your work
- ◆ Facilitate people's real and authentic commitment to making important, short and especially long-term behaviour changes

### Upcoming 2-day Online Series

Friday September 23 & 30, 2022

9:00am—12:00pm

*\*you must be able to attend both sessions\**

Visit the following link to register:

[https://monarchlevel1\\_sept\\_2022.eventbrite.ca](https://monarchlevel1_sept_2022.eventbrite.ca)

Questions? Call Toll Free: 1-855-259-3605

A zoom link will be emailed only to those who have registered prior to the event



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