

EDUCATIONAL WORKSHOP

ONLINE

Windsor Essex Community Health Centre
Centre de santé communautaire de Windsor Essex

weCHC
Healthcare for You
Des soins de santé pour vous

The weCHC's Chronic Disease Self-Management Program Presents...

The Monarch System Inc.: Introduction to Motivational Interviewing Level I Workshop for Health Professionals



Dr. Jennifer Irwin & Dr. Don Morrow
www.monarchsystem.com



Access using any computer,
tablet or smartphone!

Workshop Objectives

- ◆ Incorporate a repertoire of motivational skills into your professional toolbox
- ◆ Learn to build motivation and commitment with your clients
- ◆ Reduce professional burnout by learning to incorporate motivational interviewing skills into your work
- ◆ Facilitate people's real and authentic commitment to making important, short and especially long-term behaviour changes

Upcoming 2-day Online Series

Friday January 22 & 29, 2021

9:00am—12:30pm

you must be able to attend both sessions

Visit the following link to register:

https://monarchlevel1_jan_2021.eventbrite.ca

Questions? Call Toll Free: 1-855-259-3605

A zoom link will be emailed only to those who have registered prior to the event



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